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# Young Carer Grant

## What is it?

A yearly payment for young carers (aged 16-18) in Scotland.

## Am I eligible?

You may be eligible if:

* You live in Scotland
* You are age 16, 17 or 18
* You have been providing care for up to three people for a total average of 16 hours each week for the past three months (includes physical, mental or emotional support)
* The person or people being cared for get certain benefits
* You are not providing care as part of a voluntary role or being paid for providing care
* You do not receive Carer’s Allowance

## When can I apply?

You can apply yearly from age 16-18. You have to reapply each year if you are still eligible.

## How much will I be paid?

The current payment is £308.15 per year. You can spend this on whatever you like and do not need to pay it back.

## How do I apply?

You can apply:

* By phone on 0800 182 2222
* British Sign Language users can apply via video relay using the contactSCOTLAND app (visit [www.contactscotland-bsl.org](http://www.contactscotland-bsl.org) for more information)
* Online at [www.mygov.scot/young-carer-grant](http://www.mygov.scot/young-carer-grant)
* By post – you can request a paper form by calling the above number or download and print a form from [www.mygov.scot/young-carer-grant](http://www.mygov.scot/young-carer-grant)

## Where can I find further information?

Further information about Young Carer Grant can be found at [www.mygov.scot/young-carer-grant](http://www.mygov.scot/young-carer-grant)

Many organisations provide welfare rights advice and support to apply for benefits. For details of support available in your local area please contact Visibility Scotland:

* By phone on **0141 332 4632**
* By email on [info@visibilityscotland.org.uk](mailto:info@visibilityscotland.org.uk)
* Visit our website at [www.visibilityscotland.org.uk](http://www.visibilityscotland.org.uk)

## We value your feedback

You can help us improve this factsheet by letting us know what you think about it. Contact us:

* By phone on **0141 332 4632**
* By email on [info@visibilityscotland.org.uk](mailto:info@visibilityscotland.org.uk)

Factsheet produced in collaboration with Social Security Scotland, seescape and VisionPK:

[www.socialsecurity.gov.scot](http://www.socialsecurity.gov.scot)

[www.seescape.org.uk](http://www.seescape.org.uk)

[www.visionpk.org.uk](http://www.visionpk.org.uk)

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